

“STRENGTHEN SUPPORTIVE ENVIRONMENT AND SCALE UP PREVENTION, TREATMENT AND CARE TO CONTAIN HIV EPIDEMIC IN THE REPUBLIC OF TAJIKISTAN”

PROJECT PROGRESS UPDATE



If your organization is implementing projects under more than one grant please make sure to complete a separate ‘Project Progress Update’ for each signed grant agreement.

Section A Project Information

Name of Sub-Recipient: AIDS Foundation East West – Tajikistan (*AFEW-Tajikistan*)

Grant agreement number: 00092968 TJK-H-UNDP , November, 2015

Programme Period (*from sub-recipient grant agreement*): November 01, 2015 – December 31, 2016

Final Beneficiaries:

- **1882** PLHIV living in 22 project regions

Target groups:

- **48** representatives of eight public organizations, PLHIV communities and initiative groups of PLHIV

Geographic Coverage Areas:

- **Dushanbe;**
- **RRJ:** Vahdat, Hisor, Tursunzoda and Rudaki;
- **Khatlon region:** Qurgonteppa; Bokhtar; Vakhsh; Yovon; Kulob; Vose, Dangara, Farkhor and Hamadoni;
- **Sughd region:** Khujand; B.Gafurov; Chkalovsk; Kayrakum; Isfara; Konibodom and Panjakent;
- **GBAO:** Khorugh.

Reporting Period: January 01 – March 31, 2016

Section B: Quantitative Data

Results Analysis Based on Key Indicators from Performance Framework

Indicator	Target	Quarter 2 Report (Jan-Mar,2016)	Total Report (from the beginning of the Project)	% Achievement
Total number of PLHIV reached by Project services	1882	724	856	45%

# of PLHIV covered by sessions on treatment adherence by self-support groups	1440	361	373	26%
# of lost to follow patients restored to ART	228	57	63	27%
# of restored patients repetitively dropped out of treatment	-	0	0	-
# of key populations(MSM, SWs, PLHIV and PWID) continued ART in other medical facilities (TB, ID hospitals, etc.)	-	34	36	-
# of PWID and / or HIV-infected people who continue ART in penitentiary systems		66	128	
# of weekly clinic-based ART adherence sessions for PLHIV on ART conducted	74	46	52	70%
# of self-support groups at each ART health facilities established	144	42	44	30%
# of monthly sessions conducted at CSOs and/or health facilities	256	59	60	23%
# of home visits to dropped out patients	1500	201	203	13%
# of social workers trained on client management	16	17	17	106%
# of counseling services on social issues to key populations and PLHIV provided by CSOs	5646	2609	2803	49%
# of user service guides disseminated to key populations	1	0	0	-
# of CSO staff trained on treatment adherence support of the PLHIV (client management)	16	0	16	100%
# of established appointment system for ART patients	1	1	1	-
# of PLHIV on pre-ART and those receiving ART referred to other services – OST, NSEP, TB, OI treatment	-	45	47	-
# of prisoners who continue ART after release from prison	-	2	4	-
# of CSOs staff trained on HCT and TB/HIV co-infection adherence support	16	0	0	0%
# of TB patients referred and tested for HIV and know their status	-	3	4	-
# of TB/HIV co-infected patients supported/counseled to continue ART	-	34	37	-

Section C

Results Analysis Based on Key Indicators from Performance Framework

Explanation of programmatic performance:

Describe information on indicators and figures given in section B. Explain the planned versus actual results; include reasons for programmatic deviation. Explain the factors affecting these achievements.

Activity 2300. "Client Management of PLHIV" training

On February 4-5, 2016 the "Client Management of PLHIV" training has been conducted in Dushanbe. Training is aimed at the development of business networks between AIDS Centers' specialists, social workers and peer counselors of CSOs' working with PLHIV.

17 social workers and peer consultants from 8 CSO's "Jovidon", "Rohi zindagi", "Buzurg", "Epidemiolog", AFEW-Tajikistan Representative Office in Khatlon region, "Guli Surkh", "Tajikistan Network Women living with HIV", "SVON Plus" and Republican AIDS Center took part at event. Representative of the Republican AIDS Center is facilitated the training process. The level of participants' knowledge were improved by 32%, from 58,3% correct answers before training to 90,4 % correct answers in post training evaluation.

Participants got acquainted with the approaches of client management program which is aimed at enhancing cooperation between Public Organizations and AIDS centers to assist PLHIV in a timely initiation of treatment and adherence to ART.

"I understood that the client management with the participation of peer consultants helps a person living with HIV to understand the specific problems, get answers and the necessary support," - shared his opinion the representative of the PO "Buzurg".

During the workshops, participants practiced the skills of consultations and setting the self-help groups of PLHIV.

"There was a moment in my life when I felt helpless. I was trying to cope with the difficult situation myself. There was a feeling that the people who wanted to help me, were not able fully understand me and my condition, because they have not experienced it themselves. In this situations the assistance of equal is particularly valuable, the one who went through it and understands what I am feeling. With such person you can talk about what you are worrying about and learn about his/her experience in dealing with the situations faced by people living with HIV"- shared the opinion one of the representative of the PO «Tajik network of women living with HIV".



Activity 3200. Direct services (sub-sub-grants)

During report period CSOs "Guli Surkh", "Tajikistan Network Women living with HIV", AFEW-Tajikistan Representative Office in Khatlon region and "Rohi zindagi" are continued their work with PLHIV in 15 project regions. Another four CSOs "SVON Plus", "Jovidon", "Buzurg" and "Epidemiolog" started providing of client management services to PLHIV in 7 regions of Tajikistan on January 01, 2016. Totally 8 CSOs is providing psychosocial services to PLHIV in 22 project regions.

Geographic Coverage Areas:

- “Guli Surkh” provided direct services to PLHIV in Dushanbe and two Districts of Republican Subordination (DRS): Rudaki and Vakhdat;
- “Tajikistan Network Women living with HIV” worked in Dushanbe and two another DRS: Tursunzoda and Hisor;
- “SVON Plus” provided direct services to PLHIV in next districts: Vose, Hamadoni, Dangara and Farkhor;
- “Jovidon” worked with PLHIV in Kulob;
- “AFEW-Tajikistan Representative Office” provided direct services to PLHIV in the districts of Qurghonteppa, Bokhtar, Vakhsh and Yovon;
- “Rohi zindagi” worked with PLHIV in cities of Khujand, Chkalovsk, Kairokum, and districts of B.Gafurov, Isfara and Kanibadam;
- “Buzurg” provided support to PLHIV in Panjakent district;
- “Epidemiolog” provided direct services to PLHIV in Khorogh city.

Results achieved in report period in January 01-March 31, 2016:

1. 724 PLHIV were covered by peer counseling, ART adherence support and OI prevention.
2. 353 or 49% from 727 PLHIV reached by Project passed to TB screening. 4 new cases of TB are detected. All clients with diagnosed tuberculosis sent to TB hospitals and initiated TB/HIV treatment.
3. 331 or 45% from 785 PLHIV reached by Project passed CD 4 diagnostic. As result 72 PLHIV started ARV treatment.
4. 361 of PLHIV covered by sessions on treatment adherence by self - support groups.
5. 232 of PLHIV covered by weekly clinic based ART adherence sessions for PLHIV on ART.
6. 57 of lost to follow patients restored to ART.

Activity 3300. Monitoring site visits

On February 19, 2016 and March 3-4, March 10-11 and March 18, 2016 the series of monitoring visits have been conducted by AFEW-Tajikistan. Partner organizations provided with practical assistance on organization of client management services for final beneficiaries and verifying project data. Monitoring held in NGOs “Guli surkh”, “Tajikistan Network of women living with HIV” (Dushanbe), “AFEW-Tajikistan Representative Office” (Qurghonteppa, Khatlon province), “SVON Plus” and “Jovidon” (Kulob, Khatlon province), “Buzurg” (Panjakent, Sughd Province) and ‘Rohi zindagi’ (Chkalovsk, Sughd Province). Essential recommendations on improving program, administrative and financial management have been passed to sub-sub-grantees.

UNDP National consultant on ART and care also took part at the monitoring visits on “SVON Plus” and “Jovidon” (Kulob, Khatlon province).



Please complete Annex ‘A’ for monitoring visits undertaken by the SR (to sub-SRs or service delivery sites) during the reporting period. (If applicable)

Was there a delay or cancellation of planned activities?

There is no delay on implementation of Project activities.

Progress and implementation of management actions from previous periods: (Please list all outstanding actions).

N/A

Describe other success stories not reflected in the quantitative data.

I'm sure now I will live!



In 2011, out of the blue, unsuspecting Farida learned about her HIV positive status.

Four years later, Farida began to get ART. Feeling dizzy and a constant feeling of faintness, she stopped receiving life-saving drugs. Farida did not respond to doctors' advices and did not want to continue the treatment. Twenty-eight years old, unemployed Farida, a mother of two children really wanted to work, to be surrounded by people, communicate with people and forget about HIV.

In her native Bokhtar district, like many young women, she had a difficulty to find a job. Every day she was getting worse and worse, and not finding another solution Farida began to think about suicide.

In December 2015, Farida met outreach workers from PO "AIDS Foundation East West - Tajikistan", who visited her at home. During the second meeting, the employee of organization, as peer to peer disclosed her HIV status to Farida. Describing her experience of living with HIV, the importance of continuity and adherence of antiretroviral drugs, peer consultant persuaded Farida to renew the maintenance treatment.

During regular meetings, outreach worker of organization who became a mentor and peer counselor to Farida helped her with employment in the sewing workshop.

"I needed this support, it is very important to me to live and work. Fortunately, such opportunity appeared. Lovely girl came to our house and opened my eyes to the life. Speaking to equal the first time in my life I could openly talk about my worries and troubles. Now I have been getting the ARV treatment about three months and I have a job. I am very grateful to the staff of organization for the fact that they opened for me the door in the future!"- shares with her impressions Farida.

Lessons Learned and proposed changes to the work plan:

N/A

Section D: Capacity Development

(actions taken towards eliminating omissions and implementing recommendations that are indicated in SR Management Letter)

N/A

Section E: Inventory and Assets Management /

(the report is submitted on semi-annual and annual basis)

N/A

Section F: Authorization

The undersigned authorized representative acknowledges that all information provided in this report is complete and accurate

Signed on behalf of the Sub Recipient (signature of authorized representative)

Name: Ikram Ibragimov

Title: Director RPO "AIDS Foundation East West – Tajikistan" (AFEW)

Date and Place: April 15, 2016, Dushanbe

Organizational Stamp:



Annex A

Monitoring Visits by SR

Date of Visits	Name of Organization or Service Delivery Point	Town/Province	Key Findings	Recommendations
3 March	“Buzurg”	Panjaken district	<ol style="list-style-type: none"> 1. Mistakes in filling card of clients service plans of new sample. 2. Mistakes in the logging of primary registration of clients. 3. Absence of log books of registration of mini-trainings on the basis of AIDS centers and NGOs 4. Absence of log books of registration of self-help groups meetings. 	<ol style="list-style-type: none"> 1. mini-trainings on the basis of the AIDS Center should be carried out with the involvement of AIDS Centers, 2. The mini-trainings on the basis of POs and other medical institutions should be carrying out with the assistance of specialized health professionals (TB doctor, infectious diseases, etc.) 3. to provide 100% coverage of people living with HIV with consultations of specialist of infectious disease for the prevention of OIs 4. To fill in the client card for all PLHIV involved in the project and to indicate all the services provided by attaching referral coupons. 5. Finalize log books: <ul style="list-style-type: none"> • primary registration of clients, • registration of mini-trainings on the basis of AIDS centers and NGOs • Registration of self-help groups meetings.
4 March	“Rohi zindagi”	Cities of Khujand, Chkalovsk, Kayrakym, and districts of B.Gafurov, Isafara and Kanibadam		
10 March	“Guli Surkh”	Dushanbe city and DRS Rudaki and Vakhdat		
10 March	“Tajikistan Network Women living with HIV”	Dushanbe city and DRS Tursunzoda and Hisor		
11 March	“SVON Plus”	Vose, Hamadoni, Dangara and Farkhor districts		
11 March	“Jovidon”	Kulob city		
19 February and 18 March	“AFEW-Tajikistan Representative Office”	Qurghonteppa, Bokhtar, Vaksh and Yovon districts		