





# USAID DIALOGUE ON HIV AND TB PROJECT FINAL PERFORMANCE REPORT FOR YEAR FIVE INCLUDING DATA FOR QUARTER 1 YEAR 6

Sub-Agreement No. No. 3472-AFEW-01NOV13

November 01, 2013 to October 31, 2014

#### Submitted to:

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# **PROGRAM DESCRIPTION**

The comprehensive, USAID DIALOGUE ON HIV AND TB PROJECT(Sub Agreement No. 3472-AFEW-01NOV13 between PSI and *AFEW*-Tajikistan) is a strategic response to reduce the TB epidemics among prisoners and post-release prisoners (MARPs) in Tajikistan. The USAID Dialogue on HIV and TB Project will contribute to reducing TB epidemic by achieving and maintaining improved health behaviors among prisoners in Tajikistan, including increased use of TB prevention and control services among post-release prisoners. This annual performance report highlights the *AFEW*-Tajikistan activities in the frame of USAID Dialogue on HIV and TB Project for the period of November 01, 2013 through September 30, 2014.

Aimed at reducing the spread of the TB epidemic in Tajikistan through improving health behaviors among prisoners, the program is implemented by *AFEW* –Tajikistan a partner organization led by Population Services International (PSI). The main goals of *AFEW*-Tajikistan activities in the frame of USAID Dialogue on HIV and TB program are TB prevention among prisoners and adherence to TB treatment among post-release prisoners.

These objectives achieved by using START Plus Model (Transitional Client Management with focus on TB); development and distribution of TB focused IEC materials for prisoners and post-release inmates; organization of coordination and networking activities; delivering capacity building trainings for specialist working with prisoners; communication with mass media and, monitoring and evaluation of program activities in the fields.

# MAIN ACCOMPLISHMENTS

# Prisoners

## HIGHLIGHTED ACTIVITIES AND ACCOMPLISHMENTS

During Year Five, the project activities targeting prisoners were implemented in five program sites: Dushanbe, Qurghonteppa, Norak, Yovon and Khujand. All direct outreach activities were implemented by local NGOs: "Vita" in two colonies 3/1 and 3/4 in Dushanbe, NGO "Sino" in colony 3/6 in Yovon and female colony 3/8 in Norak. Totally, 2824 prisoners including 132 female prisoners were reached Project services. A table of partner NGOs implementing activities targeting MARPs is below.

The following key accomplishments were achieved during Project period including Quarter 1 Year 6 of the Project:

- 1412 new prisoners including 132 female prisoners were reached with Project TB minitrainings and consultations including 247 male and 21 female prisoners in Q1 Year 6;
- **1412** male prisoners were tested on TB by additional request of prisons administrations in Q1 Year 6;
- 306 post release prisoners were tested on TB, including 43 prisoners in Q1 Year 6;
- 12 new cases of TB were detected among prisoners and post release prisoners, including 2 new cases of TB tested among prisoners reached by TB screening in Q1 Year 6;
- **116** prisoners releasing from prisons were reached with client management services, including **58** post release prisoners in Q1 Year 6.

USAID Dialogue on HIV and TB Project activities on TB prevention among prisoners officially supported by Penitentiary System of Tajikistan. The General Plan of joint implementation of USAID Dialogue on HIV and TB Project TB prevention activities in six pilot colonies for period November, 2013 – October, 2014 was approved by the Head of Penitentiary System of the Ministry of Justice of the Republic of Tajikistan.

High-level coordination of USAID Dialogue on HIV

and TB Project activities in pilot colonies has been ensured by Technical Working Group (TWG) on Health Promotion in Penal System of Ministry of Justice of the Republic of Tajikistan. During

Project period three high-level meetings of TWG were conducted with participation of **19** kev working in TB filed in prisons, stakeholders represented by Administration and Medical Department of Penitentiary System, lead specialists of Republican ΤB and AIDS centers, Medical Department of Academy of Sciences of Tajikistan, Caritas Luxemburg TB Program, OSI, UNDP Project Implementation Unit of HIV and TB Control Project (GFTAM), UNODC, PSI, USAID Health Quality Project, KNCV, Project HOPE, and local partners NGOs. During those meetings main focus was given

NGOs. During those meetings main focus was given to working strategies, results of on-going monitoring of partners activities, and its contributions to coordination of joint TB focused activities in prisons to avoid duplication of resources of USAID and GFATM funded programs such as Caritas Luxemburg work on TB treatment in prisons.

Thanks to the USAID Dialogue on HIV and TB Project support, three local NGOs "Vita" in Dushanbe, "Sino" in Qurghonteppa and "Hayoti Nav" in Khujand developed and implementing annual work plans on realization Dialogue Project activities with selected prisons authorities, civil TB and AIDS centers on provision of TB prevention services to prisoners and Transitional Client Management services to post-release inmates. Local partners utilized voucher coupons and monitor the process and the quality of the services of health and social care centers (regional TB, AIDS centers and city health clinics) working with post-release prisoners.

Local NGOs were equipped by Term of References with requirements to provide verified data on results of their client's referrals to TB diagnostic, their assistance on timely registration of post-release TB patients in civil TB and AIDS centers, results of their adherence support to post-release TB patients receiving TB treatment in transitional period. Civil health services and prisons administrations provide NGOs with official letters confirmed the results of NGOs work with clients in the frame of USAID Dialogue on HIV and TB Project.



During reporting period the strategy development, M&E and planning workshop for **12** managers, accountants, social workers and data base specialists was conducted by AFEW-Tajikistan. During workshop project plan and algorithm of work with soon-to-be-released inmates for purposes of





early TB detection were presented and discussed. As result of this meeting, essential Terms of References for sub-grantees were developed and agreed with partners. Also two capacity building trainings "START Plus: Transitional Client Management" for 12 non-medical prison workers and 8 NGO staff and "TB prevention, treatment, adherence and support" training for 12 medical prison workers and 8 NGO social workers working with inmates were conducted.

On March 23-26, 2014 Mr. Rustam Nurov, the Head of Medical department of Penitentiary System of the Republic of Tajikistan took part at XI Annual Congress on Infections Diseases. Event is organized by "Non-commercial Partnership: National Scientific Society of infectious diseases specialists" and held in Moscow, Russian Federation. <u>http://nnoi.ru/article/1</u>. Representative of Penitentiary System of Tajikistan has opportunity to familiarize with new treatment approaches and standards of work with patients with HIV and TB. Mr. Nurov presented Congress's results during Technical Working Group meeting on Health Promotion in Penal System conducted on March 28, 2014. Mr. Nurov's travel has been supported by the USAID Dialogue on HIV and TB Project.

During reporting period two brochures in Tajik "TB prevention" and "TB treatment, adherence, care and support" for inmates has been developed and officially approved Medical Department of Penitentiary System of MoJ RT, NTP, and USAID, and were printed with 1200 copies each and will be disseminated among local partners working with prisoners.

### TB prevention activities among prisoners

- 1412 prisoners including 132 female prisoners from six pilot colonies were reached by mini-trainings on TB prevention conducted by local NGOs. Educational activities conducted by social bureaus staff in cooperation with prisons medical workers and external trainers represented by civil TB specialists.
- **120** prisoners including **20** female were reached by START Plus TB mini-trainings and awareness raising, sport competitions and quizzes in the frame of prisons-based activities devoted to World TB Day.









TB counseling and diagnostic among prisoners by additional request of prisons

• **1412** male prisoners from two pilot colonies 3/1 in Dushanbe and 3/3 in Khudjand were tested on TB during Q1 Year 6. As result two new cases of TB and 41 cases of different lung diseases were detected. TB counseling and diagnostic has been conducted by request of prisons administrations.

# <u>Client Management of pre and post release prisoners</u> with emphasis to TB patients

- **306** soon-to-be-released or released prisoners covered by TB counseling and further TB testing services within participation in START Plus Program in transitional period.
- 12 new cases of TB were detected during referrals of soon-to-be-released prisoners to TB diagnostic including 2 cases detected during TB screening in the frame of amnesty. TB services provided by prisons medical workers and civil TB specialists involved in program implementation.
- **116** post release prisoners including **1** female those agreed to receive services were reached by START Plus Transitional Client Management services before and after their release.
- **12** post-release TB-patients including **1** HIV/TB patient were assisted to timely register in civil TB centers at their home places and assisted by community treatment supporters throughout initialization and/or continuation of TB treatment in period after their release from prisons.

The level of TB knowledge's and skills of prisoners those mini-trainings participants were regularly performed by Penitentiary System authorities and PSI staff in the frame of monitoring site visits. The monitoring visits results were presented and discussed during regular Technical Working Group meeting on Health Promotion in Penal System. Essential recommendation on improving the quality of TB prevention and Client Management services and support were provided to local partners and to prisons medical staff.



Раёсати ичрои чазои чиноятии СРИЧЧ ВА ЧТ лар вилояти Сутд бинобар ба миён омадани зарурият аз Шумо эхтиромона хохиш менамояд ки бахри пештири намудани пахшавии бемории сил дар муассисахои ислохотии 3/3 ва 3/5 барои 32 (снву ду) нафар озодшавандагон ва 70 нафар махбусонл дар каранти карор дошта, барои гузаронидани ташхиси бемории сил мусоидат намоед.

Бо эхтиром :

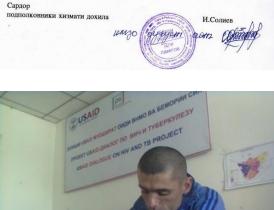






TABLE 34: PRISONER RESULTS IN TAJIKISTAN						
Activity	Plan	Actual	Fact	Actual		
		(Year 5	(Q1 Y6)	(Project)		
		Report)				
Prisoners reached with individual and/or small group	1200	1144	268	1412 (117%)		
interventions that are based on evidence and/or meet		1033m/111f	247m/21f	1280m/132f		

minimum standard (unique coverage total)				
Prisoners reached by awareness raising events	120	120	-	120 (100%)
devoted to World Day fighting against TB		100м/20f		100м/20f
Prisoners referred for TB	-		1412	1412 m
Post-release prisoners referred for TB	120	263	43	306 (255%)
Number of new TB cases detected among pre and	-	10*	2	12
post release prisoners				
Number of pre and post release prisoners reached by	-	58	58	116
START Plus services				
Prisoner TB patients assisted by community	-	11	1	12
treatment supporters throughout TB treatment				
Individuals trained to promote HIV prevention	52	52	-	52 (100%)
through other behavior change (among Prisoners)				

\* Data is provided by TB centers

# **KEY CHALLENGES**

- Due to President of RT elections and his inauguration on November 01-December 05, 2013 access to prisons settings was limited. At the beginning of the Project this circumstances influenced on prisoners coverage by transitional client management activities. START Plus Program: Transitional Client Management and TB focused services should be provided to inmates preparing for release (as a rule two month before of their release) from prison. During December, 2013 local NGOs made the first preparatory steps of START Plus activities, which included selection of potential clients among prisoners for the START Plus program. Starting from January 2014 Project partners began providing START Plus services to post-release prisoners.
- TB focused IEC materials for prisoners printed with delaying. This issue discussed with PSI. Design of brochures "TB prevention" and "TB treatment, care and support" are passed to PSI on March, 2014 and final approval of USAID received on August, 2014. In September, 2014 these materials have been printed and will be disseminated among prisoners in pilot colonies.
- Absence of peer-counselors among prisoners make difficult to provide continuum TB counseling services to soon-to-be released prisoners in period of discharge planning. During TWG meeting on Health Promotion in Penal System it is suggested to partner NGOs in cooperation with prisons administration to start education of peer-counselor by inviting volunteers with emphases on prisoners with medical degree. AFEW-Tajikistan put this recommendation on its work plan for the next period.
- High level of rotation among prisons staff and limited number of educated medical workers in pilot prisons needs to conduct regular education among prisons staff. AFEW-Tajikistan plans to organize the series of informational sessions on TB and HIV prevention for prisons medical and non-medical staff in pilot colonies in the frame of new USAID CAR TB Program for 2014-2019 and HIV React Project for 2014-2016.

### SUSTAINABILITY OF PROJECT APPROACHES

• MIS data base reporting and Referrals system by using USAID on HIV and TB Project vouchers coupons became as efficient tool on monitoring the process of provision of services and evaluation of their quality. After adaptation, AFEW-Tajikistan will continue using Project vouchers for monitoring of results of referrals of post-release prisoners to all kind of services. These approaches are included in "HIV React Project" funded by USAID for period June 11, 2014 –June 10, 2016 implementing by AFEW-Kazakhstan.

- AFEW-Tajikistan actively participated in country policy development and regional fundraising process. As result of these steps, USAID on HIV and TB Project interventions on TB prevention and Client Management of pre-release TB patients are included in:
  - National Strategic Plan on TB for period January 01,2015- December 31, 2020 approved by National Coordination Committee on HIV, TB and malaria prevention in the Republic of Tajikistan (CCM) and,
  - USAID CAR TB Program for period September 01, 2014- September 30, 2019 led by Project HOPE.
- After the Project, it is planned to learn Project results, revise strategies and refresh algorithm of TB focused work within START Plus –transitional client management of soon-to-be-released prisoners.

## ANNEXES

ANNEX 1: SUCCESS STORIES (attached separately) ANNEX 2: LIFE OF PROJECT INDICATOR RESULT TABLES (attached separately) ANNEX 3: PHOTO OF PROJECT ACTIVITIES (attached separately) ANNEX 4: MIS DATA BASE REPORTS (attached separately) ANNEX 5: MEDIA REPORT (N/A) Period: November 01, 2013 – October 31, 2014