

# Quarterly and Finally Report

Implementing Organization: Representative Office of AFEW-Tajikistan in Khatlon Region	Dates Covered by II Quarterly and Finally Report:  01 May, 2017 to 31 July, 2017
Project Title:  "Community mobilization and health of young people"	Project Period of Performance:  01 February, 2017 to 31 July, 2017
Award Number:  STI40017GR0014	Total Amount of Award:  \$ 6,744.00

## Overall Assessment of this Quarter of Project Activity as of: 31 May, 2017

	Ahead of Schedule	On Track	Behind Schedule
Anticipated Results		X	
Workplan		X	

## Executive Summary of Activities

- Project was recognized by Hukumat and Educational Department of Qurghonteppa city.
- Four remote schools with a risk of drug use among adolescents were selected for delivering educational activities
- 552 school students were reached by informational sessions on health promotion and drugs abuse prevention.
- The level of knowledge of students of four schools on prevention of drug abuse and promotion of healthy lifestyle has increased on average by 53.4%.
- Two of selected four schools have been supported on the organization of alternative health promotion sites Sport equipment for organization of physical culture, sports and leisure activities among students of school №7 is supplied and process of out of schools sessions is initiated. Reconstruction of football field in school № 10 was finished and sport inventory for organization of football among students of this school is supplied.
- 139 school students, drug users and citizens visiting webplatform [www.afew.tj](http://www.afew.tj) were provided by professional off and on-line consultations of narcologist.
- Some project activities have been co-funded by other projects of AFEW-Tajikistan and school administrations.

## Activity Report

### Activity 1.1. Working meetings on planning, coordination and monitoring of drug demand reduction programs. Creation and support of the PO platform in the implementation of joint programs on the basis of communities.

On February 28, 2017 this activity was conducted by financial support of “Bridging the Gaps: Health and Rights for Key Populations -2.0” Program is funded by Ministry of Foreign Affairs of Netherlands.

### Activity 2.1. The interactive, 45-minute sessions for students on drug prevention and health promotion.

In coordination with the Chief of City Education Department, four schools in Qurghonteppa city were selected for provision of drug prevention and health promotion sessions. The information sessions were organized among the students of grade 9 of four secondary schools # 7, 9, 10 and 12 (See Table 1.) These schools are located on the periphery, distant from the center of city and were selected due to unfavorable situation in terms of risky behavior of their students. In addition, four field meetings with the directors of schools No. 7, 9, 10 and 12 on the organization of information sessions and the provision of advisory services to the narcologist by performe.

During the project 552 students of grade 9 of abovementioned schools attended the information sessions.

*Table 1. Sessions report*

<b>№</b>	<b>Date</b>	<b>School number</b>	<b>Grades</b>	<b>Number of participants</b>
1	18/02/2017	7	9 “A”	29
2	24/02/2017	9	9 “A”, 9 “B”	52
3	03/03/2017	10	9 “A”, 9 “B”	49
4	11/03/2017	12	9 “A”, 9 “B” and 9 “C”	84
5	31/03/2017	9	9 “C”, 9 “D”	51
6	08/04/2017	10	9 “C”	26
7	15/04/2017	7	9 “B”	28
8	22/04/2017	12	9 “D”, 9 “E” and 9 “F”	100
9	12/05/2017	9	9 “E”	27
10	12/05/2017	10	9 “D”, 9 “E”	37
11	19/05/2017	12	9 “F”, 9 “G”	38
12	03/06/2017	7	9 “C”	31
	Total			552

The lessons are conducted by the invited specialist of Khatlon regional narcological center. During the sessions the specialist answered the students' questions and informed them about the project services.



*As a result of education activities of the project the level of knowledge of students on prevention of drug abuse and importance of adherence to healthy lifestyle has increased on average by 53.4%, from 34.2% of correct answers to questions of pretest evaluation to 87.6% of correct answers to questions posttest evaluation.*

Activity 3.1. Organization of healthy alternatives in schools: the organization of sports grounds, opening of sections, pursuits according interests.

On February 28, 2017 during the Working meeting with local authorities represented by administration of City Educational Department two schools in need of assistance # 7 and # 10 were selected. In those schools the project planned to improve the conditions for organization of physical culture, sports and leisure activities for schoolchildren after school hours.

During the working meeting directors and medical workers of secondary schools together with representatives of medical institutions in the city worked out the joint efforts to strengthen cooperation in organizing medical consultations for schoolchildren, drug abuse prevention, drug dependence treatment, and the organization of healthy leisure time for school children during out-of-school hours.

On March 10, 2017, the needs assessment was conducted in two selected schools #7 and #10. As result, the following issues were defined:

1. The gym of school # 7 required acquiring of sports equipment.
2. The school #10 needed continuations of reconstruction works in school's football field. Part of reconstruction works including laying the foundation of fence around the football field have been made by efforts of school administration.

Finally, four meetings with the head of school # 10 on the restoration of the football field and three another meetings with director of school # 7 on equipping the school gym and transferring sports equipment were held.

Due to shortage of funds AFEW-Tajikistan asked US Embassy to reallocate savings in amount of 450 USD from Activity 4.1. Provision narcological services, counseling on the basis of Representative Office of AFEW-Tajikistan in Khatlon Region and referring to friendly medical services to Activity 3.1. to accomplish reconstruction of football field in school #10. On 17 of March, 2017, the request of Representative Office of AFEW-Tajikistan in Khatlon Region was approved by donor.

AFEW-Tajikistan bought sport equipment (volleyball net with props, basketball ring with net, hoops, table

tennis with balls and rackets and mats) in amount of \$ 497.45 for school # 7. The purchase was made according to a written request of school director, Mr. Abdulov Mahmatali and transferred to school according to Act of transfer and acceptance.

On April 10, 2017 Mr. James Berg, INL Criminal Justice Advisor and Bunafsha Yusufbekova, Financial Program Manager International Narcotics and Law Enforcement Affairs (INL) visited the school and took part in the process of transferring sport inventory to school.

On May 24, 2017 the official launch ceremony of the football field of secondary school № 10 was held in Qurghontepa city. The launched ceremony was dedicated to the celebration of Youth Day in the Republic of Tajikistan.

354 representatives of the departments for youth, sports and tourism and education of the Hukumat of Qurghontepa city, media, the students of the secondary school No. 10 and residents of the Kosmonavtov micro-district attended at event.

<http://afew.tj/ru/chm/news/24-maya-2017-v-gorode-kurgan-tyube-sostoyalas-oficialnaya-ceremoniya-vvoda-v-ekspluatatsiyu>



Activity 4.1. Provision narcological services, counseling on the basis of AFEW Branch in Khatlon and referring to friendly medical services.

Since February of this year, the new service – consultation of narcologist was introduced on the basis of Representative office of AFEW –Tajikistan. Invited specialist doctor-narcologist Mr.Buhoriev Saifullo provided information sessions in schools. In the case of appeals he provided friendly consultations to adolescents and their parents. In the report period, doctor-narcologist provided 91 consultations to students of pilot schools. At the same time, on the basis of Representative Office of AFEW-Tajikistan doctor Bukhoriev S. provided friendly consultation services on drug addiction and preparation for OST program. In the report period 48 consultations was provided.

<http://www.afew.tj/tg/chm/news/sfshg-tochikiston-dar-nazdi-namoyandagii-hud-dar-viloyati-hatlon-hizmatrasonii-mashvarati>

<http://www.afew.tj/ru/chm/news/sfvz-tadzhikistan-na-baze-svoego-predstavitelstva-v-hatlonskoy-oblasti-provodit-besplatnoe>

Activity 4.2. Provision of anonymous online counseling on drug abuse, treatment and rehabilitation on the basis of medical information online webplatform [www.afew.tj](http://www.afew.tj)

During the reporting period 18 answers to received questions of visitors were provided through the website

www.afew.tj. During the information sessions in schools, students are informed about the services of the website and its possibilities to provide online consultations and information.

<http://afew.tj/ru/chm/news/sfvz-tadzhikistan-v-sotrudnichestve-s-obshchestvennoy-organizaciy-inis-zapuskaet>

### **Discussion of Results**

*(Provide a brief explanation of any results and Performance Indicators that are not on target and plans to improve performance. Any Indicators that exceed expectations should also be discussed.)*

n/a

### **Discussion of Major Activities Implemented during this Period**

*(Explain changes or delay, including any significant obstacles and how they were overcome)*

#### **1. The situation before the start of the project**

Before the project, secondary schools of Qurghonteppa are held the regular 'educational hours' among high school students (grades 9-11). During these lessons students discuss issues of health and safety. However the issues of drug use and the consequences of their abuse are not discussed or are under the unofficial ban. The teachers do not possess specific knowledge on discussing the issues of reduction of demand for drugs and they aimed at prohibitive measures in discussions of such topics. This approach does not bring effective results, conversely sets up barriers to open discussion of problems and solutions for drug use alternatives.

#### **2. Realization, achievements, difficulties and ways of their solution**

The number of schoolchildren of grades 9 was actually more than it was expected by project plan. To ensure the full coverage of school students AFEW-Tajikistan in coordination with US Embassy and schools administrations organized additional sessions and were covered 100% or 552 schoolchildren that gives 164,3% of initial project plan.

Due to limited abilities of project budget to response to the needs of selected schools on renovation of sport halls and organization of alternative sessions AFEW-Tajikistan and school administrations co-funded into the project activities on renovation of football field in school №10.

#### **3. Suggestions for possible future interventions**

In future projects, it is necessary to pay more attention to:

- raising awareness of Youth and allocation of more funds for organization of work among adolescents and young people;
- organization of leisure time after school hours for high school students;
- funds for supplies of sport equipment and improvement of social conductions in gyms of all city schools in Qurghonteppa
- To ensure measurable health results, drugs demand reduction activities in schools needs to be sustained and provided by funding on long-term base

## Workplan Monitoring

	Original Approved Dates	Modified Dates		Actual Dates
		requested	approved ( <i>check</i> )	
Objective 1. Improving coordination of measures to reduce the demand for drugs in Qurghonteppa.	<i>February 2017</i>	-		
Activity 1.1. Working meetings on planning, coordination and monitoring of drug demand reduction programs. Creation and support of the PO platform in the implementation of joint programs on the basis of communities.	<i>28 February 2017</i>	-	-	<i>28 February 2017</i>
Objective 2: Enhance continuous of process of raising awareness of Youth in schools.	<i>18 February-03 June 2017</i>		-	<i>18 February 2017 - 03 June 2017</i>
Activity 2.1. The interactive, 45-minute sessions for students on drug prevention and health promotion. <ul style="list-style-type: none"> <li>• <i>The information session in secondary school №7 for students of 9 "A".</i></li> <li>• <i>The information session in secondary school №9 for students of 9"A" and 9 "B".</i></li> <li>• <i>The information session in secondary school №10 for students of 9"A" and 9 "B".</i></li> <li>• <i>The information session in secondary school №12 for students of 9"A", 9 "B" and 9 "C".</i></li> <li>• <i>The information session in secondary school №9 for students of 9 "C" and 9 "D".</i></li> <li>• <i>The information session in secondary school №10 for students of 9 "C" and 9 "D".</i></li> <li>• <i>The information session in secondary school №7 for students of 9"B".</i></li> <li>• <i>The information session in secondary school №12 for students of 9"D", 9 "E" and 9 "F".</i></li> <li>• <i>The information session in secondary school №9 for students of 9 "E".</i></li> </ul>	<i>18 February-03 June 2017</i>	-	-	<i>18 February 2017</i>  <i>24 February 2017</i>  <i>03 March 2017</i>  <i>11 March 2017</i>  <i>31 March 2017</i>  <i>08 April 2017</i>  <i>15 April 2017</i>  <i>22 April 2017</i>

<ul style="list-style-type: none"> <li>• The information session in secondary school №10 for students of 9 "D" and 9 "E".</li> <li>• The information session in secondary school №12 for students of 9 "F" and 9 "G".</li> <li>• The information session in secondary school №7 for students of 9 "C".</li> </ul>				12 May 2017
				12 May 2017
				19 May 2017
				03 June 2017
Objective 3: Improve access to healthy alternatives for Youth outside of school hours.	28 February – 20 May 2017	17 March 2017	17 March 2017	28 March-24 May 2017
Activity 3.1. Organization of healthy alternatives in 2 schools: the organization of sports grounds, opening of sections, pursuits according interests.	28 February-20 May 2017	17 March 2017	17 March 2017	28 March-24 May 2017
Objective 4: Increase quality of counseling and treatment services for at risk Youth.	01 February - 31 July 2017	-	-	01 February - 31 July 2017
Activity 4.1. Provision narcological services, counseling on the basis of AFEW Branch in Khatlon and referring to friendly medical services.	01 February - 31 July 2017	-	-	01 February - 31 July 2017

## Indicator Monitoring

### Performance Monitoring Plan

(Finalized during Project Launch)

Indicator	Definition (including unit of measurement)	Data Source (including description of primary data collection and/or data calculation)	Data Collection		Baseline		Year 1: Q1	Year 1: Q2	Year 1: Q3	Year 1: Q4
			Frequency	Person Responsible	Year	Value				
<b>CVE Program-Level Result:</b>										
Indicator 1  The interactive, 45-minute sessions for 336 school-children on drug prevention and	The students of grade 9; 552 students	reports	monthly	Coordinator	2017	0	X	X		

health promotion.										
Indicator 2 Organization of healthy alternatives in 2 areas in schools: the organization of sports grounds, opening of sections, pursuits according interests.	Schools; 2 unit	reports	monthly	Coordinator	2017	0	X	X		
<b>Explanation of performance indicator results</b>										
<b>Objective 2: Enhance continuous of process of raising awareness of Youth in schools.</b>										
Indicator 1 The interactive, 45-minute sessions for 336 school-children on drug prevention and health promotion.	The students of grade 9 ; 552 students	reports	monthly	Coordinator	2017	0	x	X		
<b>Explanation of performance indicator results</b>										
During the reporting period 552 students of grade 9 of schools # 7, 9, 10 and 12 attended the information sessions. This is 164.3% of the overall outreach plan.										
<b>Objective 3: Improve access to healthy alternatives for Youth outside of school hours.</b>										
Indicator 1 Organization of healthy alternatives in 2 areas in schools: the organization of sports grounds, opening of sections, pursuits	Schools; unit 2	reports	monthly	Coordinator	2017	0	x	X		



according interests.										
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**Explanation of performance indicator results**

AFEW-Tajikistan bought sport equipment (volleyball net with props, basketball ring with a net, hoops, table tennis with balls and rackets and mats) in amount of \$ 497.45 for school # 7.

AFEW-Tajikistan bought all necessary construction materials on restoring the football field in amount of \$ 974.52 for school # 10.

**Outcomes of visits made and summary of significant findings**

On February 3, 2017 AFEW-Tajikistan in Khatlon region sent a letter to Hukumat of Qurghonteppa city asking the assistance in implementation of project activities.

On February 10, 2017, Hukumat of Qurghonteppa city signed the Plan of provision of information sessions. The plan conduction of informational sessions was coordinated with the Education Department of Qurghonteppa city. In accordance with the head of Education Department of Qurghonteppa city, four schools were selected. The information sessions are organized for the students of grade 9 of selected schools. These are secondary schools №№ 7, 9, 10 and 12.

During the Working meeting scheduled on February 28 2017, it was planned to define schools in need of assistance where the projects would reconstruct/repair or create the play/sport grounds or groups of interest. On March 10, 2017, the needs assessment of two schools (№7 and №10) was conducted. These schools were selected and determined by the Department of Education of Qurghonteppa city to improve the conditions for organization of physical culture, sports and leisure activities for schoolchildren after school hours.

On April 10, 2017 Mr. James Berg, INL Criminal Justice Advisor and Bunafsha Yusufbekova, Financial Program Manager International Narcotics and Law Enforcement Affairs (INL) visited the school and took part in the process of transferring sport inventory to school.

On May 24, 2017 the official launch ceremony of the football field at the secondary school № 10 in Qurghonteppa city held, the event was dedicated to the celebration of Youth Day in the Republic of Tajikistan.

**List any outreach or media contacts during the period.**

n/a

**Discussion of Projected Activities for next quarter with reference to approved workplan. Detail all proposed changes.**

n/a

**List of Appendices (if any)**

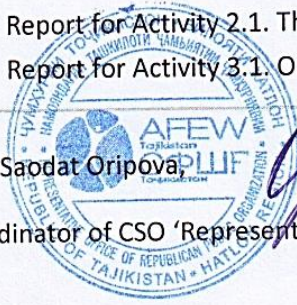
*Grantees are encouraged to submit agendas, participant lists and/or proceedings from any events held during the quarter, or to submit copies of any products developed. Any items which cannot be attached electronically should be mailed to the Grants Office and listed here with a notation that they are being sent via mail.*

**Annexes:**

1. Report for Activity 2.1. The interactive sessions including photos
2. Report for Activity 3.1. Organization of healthy alternatives including photos

Mrs. Saodat Oripova

Coordinator of CSO "Representative office of AFEW-Tajikistan in Khatlon region"



**CT Staff Use Only**

**Project Officer Comments**

*To be completed within 30 days of receipt of report. Include list of all necessary CT Actions.*

**CT ACTIONS REQUIRED**