



## QUARTERLY PROGRAM REPORT

Organization	AFEW-Tajikistan		Country	Tajikistan
Reporting period	01 January – 31 March, 2016			
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### Highlighted Accomplishments

Indicator	Plan (total Y1-Y2)	Report for Year 1	5 quarter (Oct-Dec,15)	6 quarter (Jan-Mar,16)	7 quarter (Apr-May,16)	Total
<b>1. Reduced HIV transmission in former prisoners</b>						
1-b. The Project strategy is approved on the national level	1	1	-	-		100%
<b>2. Reduced risky behavior practiced by former prisoners</b>						
2-a. % of transitional prisoners reporting use of safe sex practices	-	100% (1m/11f)	100% (3m/0f)	50% (2m/0f)		92,86% (6m/11f)
2-b. % of transitional prisoners reporting use of safe drug use practices	-	100% (1m/1f)	100% (2m/0f)	100% (1m/0f)		100% (4m/1f)
<b>3. Strengthened prison-based HIV prevention, treatment, and care services for PWID, PLWH</b>						
3-a. % of transitional prisoners reporting that prison-based HIV services had improved due to HIV REACT activities in the facility	>75%	100 % (2m/12f)	0% (1m/0f)	100% (2m/0f)		94.12% (5m/12f)
<b>4. Improved knowledge, attitude, and behavior of prison staff, general prisoners and transitional prisoners toward HIV and PLWH</b>						
4-a. % of prison staff of HIV services passing the post-training exam	180	100%	0%	100%		100%
4-b. # of prisoners trained in HIV and HR	820	580 (300m/280f)	180 (120m/60f)	200 (160m/40f)		960 (580m/380f)

4-c. % of transitional prisoners who are able to correctly identify HIV transmission routes and deny major myths about HIV transmission	>75%	100% (2m/12f)	76,92% (10m/0f)	100% (2m/0f)		94,12% (14m/12f)
<b>5. High-quality transitional services established for PLWH and PWID</b>						
5-a. % of transitional prisoners reporting satisfaction with the services provided by the project at prison facility	>76%	100% (2m/12f)	0% (1m/0f)	100% (2m/0f)		94.12% (5m/12f)
5-b. # of transitional prisoners reached by transitional client management services (New clients)	20	14 (2m/12f)	13 (13m/0f)	14 (11m/3F)		41 (25m/15f)
5-c. # of transitional prisoners referred and tested for TB in the last 12 months	15	14 (2m/12f)	11 (11m/0f)	2 (2m/0f)		27 (15m/12f)
5-d. % of transitional prisoners referred and tested for HIV in the last 12 months	75%	100 % (2 m/ 12f)	91,67% (11m/0 f)	100% (2m/0f)		94,12% (14m/12f)
5-e. # of transitional prisoners who received psycho-social counseling	20	14 (2m/12f)	13 (13m/0f)	14 (11m/3f)		41 (26m/15f)
<b>6. Evidence-based and Human Rights-based HIV prevention, treatment and care services provided outside of prison facilities to transitional prisoners</b>						
6-a. # trainings and mini-sessions conducted for providers of HIV services to transitional prisoners	12	13	-	6		19
6-b. # of specialists trained in evidence-based and Human Rights-based service provision	200	216	-	60		276
<b>7. Strengthen evidence-based advocacy, policies, and strategic planning related to country ownership and expansion of HIV programs in prisons and coordination between narcology and AIDS centers</b>						
7-a. % of recommendations made by the HIV REACT-established (Technical Working Group) TWG that have been successfully implemented	>70%	100%	0	0		
<b>Number of clients (PWID)</b>		4	4	6		14
<b>Number of clients (PLHIV)</b>		1	1	1		3
<b>Number of HIV cases detected among project clients</b>		1	1	1		3
<b>Number of TB cases detected among project clients</b>		1	0	0		1

## Activities Description for Qr5 Y2

№	Name	Date	Place	Outputs / Outcomes
1.	<p><b>Delivering START Plus services for beneficiaries</b></p> <ul style="list-style-type: none"> <li>• Series of 10 informational - on HIV prevention have been conducted among 160 male and 40 female prisoners in two colonies of Khatlon region</li> <li>• 11male and 3 female released prisoners joined START Plus program</li> </ul>	<p>January - March 2016</p> <p><i>See detail info in section "Mini-trainings in prisons"</i></p>	<p>Colonies 3/6 and 3/8 placed in Yovon and Norak</p>	<p><b>Outputs:</b></p> <ul style="list-style-type: none"> <li>• 200 prisoners informed about HIV the ways of its transmission and prevention and provided by IEC materials on HIV prevention and memory for soon-to-be released prisoners with information available services in transitional period</li> <li>• 22 prisoners were reached by VCT</li> <li>• 4 prisoners with suspicions for HIV after their rapid tests were passed to blood test (immunoblot) and expecting final results</li> <li>• 325 items of IECs were disseminated among prisoners and ex-prisoners;</li> <li>• Prisoners' awareness about measures of HIV prevention is increased for about 42%</li> </ul> <p><b>Outcome:</b></p> <ul style="list-style-type: none"> <li>• Educated prisoners those aware about HIV able to safe themselves, use condoms and may demonstrate more tolerant attitudes toward HIV positive prisoners.</li> </ul>
2.	<p><b>Educational sessions for prison non-medical staff.</b></p> <p>In accordance with the Project Work plan six informational sessions on "HIV prevention" for 60 prison non-medical staff were organized:</p> <ul style="list-style-type: none"> <li>- On 18 and 19 of February in two colonies of 3/1 and 3/4 in Dushanbe.</li> <li>- On 24 of February in two colonies of 3/6 in Yovon and 3/8 in Norak</li> <li>- On 24 of February in two colonies of 3/3 and 3/5 in Khujand</li> </ul>	<p>18-24 February 2016</p>	<p>Colonies 3/1; 3/3; 3/4; 3/5; 3/6; 3/8 placed in Yovon, Norak, Dushanbe and Khujand</p>	<p><b>Output:</b></p> <ul style="list-style-type: none"> <li>• 60 non-medical staff of six colonies gained information on HIV, the ways of transition, ways of prevention and safety in working place.</li> <li>• The level of prisons staff awareness about HIV and measures of its prevention and treatment was increased for about 27%.</li> </ul> <p><b>Outcome:</b></p> <ul style="list-style-type: none"> <li>• Trained non-medical prisons staff will use gained knowledge in working places and may change their</li> </ul>

				attitude towards HIV positive prisoners to more tolerant.
3.	<p><b>Conduct field monitoring visits to project sites.</b></p> <p>Two monitoring visits on February 18 and March 19, 2016 were conducted to Representative office of AFEW Tajikistan in Khatlon region</p>	<p>February 18, 2016</p> <p>March 19, 2016</p>		<p><b>Output:</b></p> <ul style="list-style-type: none"> <li>• 5 recommendations on improving the quality of work and services provided were developed</li> </ul> <p><b>Outcomes:</b></p> <ul style="list-style-type: none"> <li>• 100% of recommendations made are executed</li> <li>• MIS data based is checked and correctly functioning</li> <li>• Project reports is consisted of quality evidence-based information and can be used in strategy development</li> </ul>
5.	<p><b>Develop 1 system of exchanging information (web platform and team of experts).</b></p> <p>The <a href="http://www.afew.tj">www.afew.tj</a> Informational medical online web platform provides its services to local health care providers and NGO through website and two Informational Points.</p> <ul style="list-style-type: none"> <li>• Two informational Points continuing providing informational services on the base of PO “Vita” in Dushanbe and PO “Hayoti nav” in Khujand.</li> <li>• The IP based on colony 3/6 in Yovon has been started its functioning from April 01, 2016</li> </ul>	<p>January 01- March 31, 2016</p>	<p>Khujand and Dushanbe</p>	<p><b>Output:</b></p> <ul style="list-style-type: none"> <li>• 175 answers on 178 questions were provided through web Platform during January – March 2016.</li> <li>• IP on the basis of colony 3/6 in Yovon started its work</li> </ul> <p><b>Outcome:</b></p> <ul style="list-style-type: none"> <li>• Prisoners of 3/6 colony will get access to needed health information and consultations of national health experts.</li> </ul>
6.	<p><b>Intersectorial Policies and Guidelines for specialists:</b></p> <p>Introducing START Plus Program into practices of Penitentiary System of Tajikistan</p>	<p>January 01- March 31, 2016</p>	<p>Dushanbe</p>	<p><b>Output:</b></p> <ul style="list-style-type: none"> <li>• 250 copies of updated version of AFEW-Tajikistan Guideline “Organization of START Plus: transitional client management services in the Republic of Tajikistan” with CDs were produced in January 2016</li> </ul> <p><b>Outcome</b></p> <p>The Guideline will assist medical specialist, prison staff and social workers of public organizations:</p> <ul style="list-style-type: none"> <li>• In the provision of comprehensive services for the prevention of socially</li> </ul>

				<p>significant diseases in prisons, as well as providing ongoing treatment and social support for released prisoners.</p> <ul style="list-style-type: none"> <li>• equal and continuous access to the medical, psychological, social, legal and other services during the transition period for released prisoners</li> <li>• early detection, timely treatment assignment, assist in adherence and help in the decision of social, psychological and legal issues prisoners in the transitional period.</li> <li>• Development and sustaining cooperation between the penal, civil services and public organizations.</li> </ul>
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### START plus implementation

#### Mini-trainings in prisons

#### Quarter V Year 2

10 mini-trainings among 200 prisoners including 80 female prisoners were conducted by AFEW-Tajikistan Representative Office in Khatlon. Mini-trainings on HIV prevention were conducted among prisoners in colony 3/6 in Yovon and in female colony 3/8 in Norak.

Date	Number of participants in colony 3/6	The average pre training evaluation in colony 3/6	The average post training evaluation in colony 3/6
13.01.2016	20 prisoners	47,1%	89,8%
05.02.2016	20 prisoners		
05.02.2016	20 prisoners		
16.02.2016	20 prisoners		
16.02.2016	20 prisoners		
04.03.2016	20 prisoners		
15.03.2016	20 prisoners		
15.03.2016	20 prisoners		

Date	Number of participants in colony 3/8	The average pre training evaluation in female colony 3/8	The average post training evaluation in female colony 3/8
16.03.2016	20 prisoners	53,4%	90,1%
16.03.2016	20 prisoners		
Problems		Solutions	
<ul style="list-style-type: none"> <li>Limited number of express tests delivered in the prisons, the medical staff cannot provide HIV express testing among newly arrived prisoners</li> </ul>		<ul style="list-style-type: none"> <li>AFEW-Tajikistan communicated with the chief of medical department of penal system to solve the problem. 200 express tests were delivered to prison 3/6 and 3/8.</li> <li>Civilian health specialist (AIDS Centers) from Khatlon region regularly invited to provide HIV testing, education, counseling and ART support in prisons.</li> </ul>	
<b>Transitional case management</b>			
<b>Achievements</b>			
<p><b>Quarter VI Year 2</b></p> <p>In the reporting period 14 (11 m/3f) soon to be released and released prisoners including 6 PWID and 1 PLHIV were join the START Plus program. 9 prisoners have already released and assisted in transportation from prisons to their home places.</p> <p>14 ex-prisoners knew their status regarding HIV, TB, and STIs. 14 ex-prisoners started to receive the services according their service plans: all 14 clients received HCT, diagnosed for TB. All clients participated in the trainings on HIV and TB prevention, the clients filled the pre and post knowledge evaluation and received social packages.</p> <p>9 clients referred to AIDS center and tested for HIV, results of 1 client was positive. The client registered in AIDS center of Kulob as it is his home place, and he receives the ART.</p> <p>0 ex-prisoner has completed the START Plus program in this quarter.</p>			
Problems		Solutions	
The labor market is limited; there is no possibility to employ the released prisoners.		From 36 clients of START Plus program only 7 clients supported to be employed. However there is close collaboration with the agency of labor and employment of Khatlon region	

### Analytical Part

Before	Project intervention	After
<b>Доступ осужденных к услугам по профилактике и лечению ВИЧ</b>		

Law level of professional skills of prisons non-medical workers on HIV, care and support.	AFEW-Tajikistan organized six informational sessions on "HIV prevention" for 60 prison non-medical staff were organized in Yovon, Norak, Dushanbe and Khujand.	The level of awareness of 60 prisons non-medical workers was increased for about 27%.
<b>Качество услуг, предоставляемых осужденным и бывшим осужденным</b>		
Needs to improve the quality of START Plus transitional client management services to pre and post release prisoners	<i>The project intervention allows clients to have access to VCT, ARVT and OST services.</i>	During reporting period 2 PLHV clients registered in AIDS centers and get ARV treatment. 2 clients received OST service.
<b>Координация между службами (УИС, правоохранительные органы, мед учреждения, НПО и др.)</b>		
Needs to improve coordination between penal and civil health sectors and NGOs	AFEW-Tajikistan provided technical assistance to Medical Department of Penitentiary System on introducing practical mechanisms of interaction between penal and civil health sectors including AIDS, TB, narcology services and NGOs. Upon its approval, the joint Plan may contribute on increasing tight collaboration of civil and penal health services.	On January 04, 2016 the General Plan of joint activities of the Ministry of Health and Ministry of Justice of the Republic of Tajikistan was signed. The document is valid for 2016 -2020 and has been started to contribute on increasing tight collaboration of civil and penal health services.
<b>Стигма и дискриминация со стороны тюремного персонала и поставщиков услуг</b>		
Cases of stigma and discrimination towards PLWH	AFEW-Tajikistan organized six informational sessions on "HIV prevention" for 60 prison non-medical staff in Yovon, Norak, Dushanbe and Khujand.	The issue of stigma and discrimination towards PLWH was of the sub-topic of informational sessions. The provided information allows non-medical staff to understand the importance of avoiding the cases of stigma and discrimination towards PLWH prisoners.

## General Conclusions

- Improving the level of prisoners awareness about HIV –

The data analysis for the last quarter shows the increasing level of prisoners awareness on HIV prevention from 50,25% correct answers before education to 89,95% correct answers after education which contributes to decreasing the HIV cases in prisons and the cases of risky behavior among prisoners.

- Initiation of dialogue between penal and civilian health sectors on neediness of development of united strategies on delivering of HIV services for prisoners.

Medical Department of Penitentiary System recognized the problem with providing of timely treatment and qualitative adherence support and care for prisoners with HIV. As per request of Medical Department of

Penitentiary System *AFEW*-Tajikistan developed the draft version of plan of joint activities of penal and civil health organization on provision counseling, treatment, diagnostic and support services to PLHIV. During the meetings of Partner Referrals Networks in Khatlon and Sughd regions the discussion of the plan was put on the agenda. Project key stakeholders and representatives of Penitentiary System discussed the plan; made comments and changes. The plan supposed to be realized in 6 project targeted colonies in Dushanbe, Khatlon and Sughd for the period of 2016-2020. Upon the approval of plan the civilian specialists of AIDS, TB and Narcological centers will visit prisons according fixed period in the plan and provide necessary services to prisoners with HIV. Execution of agreed activities shown in the joint plan will be monitored by the Ministry of Health and Social Protection of RT and Medical Department of Penitentiary System.

**Main Challenges:**

n/a